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Pre/Post RF Treatment Instructions

Pre-Treatment

- Skin should be void of makeup, creams, and lotions prior to treatment. Clean skin with 70% alcohol prior to treatment.
- Skin should be hydrated the day before and the day of treatment for best results. Drink plenty of water and avoid alcohol consumption if possible.
- For face treatments, beard stubble should be thoroughly removed prior to treatment.
- All jewelry should be removed from the treatment area prior to treatment.
- All cuts, wounds, or infected skin must be completely healed prior to treatment.

Post-Treatment

- Wash treated area gently with mild soap and water. If treated area is irritated, the area should not be rubbed with a face cloth or towel. The area should be gently patted dry.
- Apply sunscreen with a SPF 30 or greater to the area whenever exposure to the sun is unavoidable for two to three weeks post treatment to avoid pigmentation changes.
- A regimen to moisturize and soothe skin for one week post treatment is recommended.

Follow-up

- Follow-up treatments are scheduled at least in 3 to 4 week intervals.